

Drugs and narcotics according to Quran and Hadith, its horrible effects on youth, and control measurements

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Abstract

Every year on June 26, the United Nation celebrates a narcotics day to aware the people about the use of narcotics and its negative effects on human personality and their lives. The main objective is to awaken the people to how harmful and deadly the use of narcotics or drugs can be. To celebrate a single day once in year is enough to educate the people to stop this dangerous human-destructive business the answer is no, so that's why it is cry of the day to construct solid guidelines at public, social, and governmental levels everyday life. Then only can we flourish the society from this deadly and malevolent plague." Narcotics or drugs are a viral disease and demon that has ruined countless lives across the world. Being involved in the narcotics trade and falling victim to the disease not only destroys the individual life, but also devastates homes, societies, and nations. The life of a drug addicted persons are torment, and it also ruin the lives of connected families and their loved ones into a troubles and hardships. Relationships badly suffers and lead to destruction. Drug addicted person lose the temper and ability to differentiate between right and wrong. Crime, robbery, road accidents, murder, and death ratio reached to their high peak. Drug means any compound that can modify the biological functions of living organisms. This definition includes not only medicines that have beneficial in the treatment of various disorders of different diseases but also chemicals such as Caffeine, Nicotine, Alcohol, illegal substances of abuse and a variety s of drugs that cause mental and physical illness and anguish. Drug and narcotics is a type of viral of disease that badly hampered all the body and their functions, brain, behavior, and personality of an individual. This article studied the general definition as well as the Islamic prospective, laws of prohibition of narcotic drugs, and their treatments and policies.

Keywords: Drugs and narcotics definition, types, Laws of prohibition, treatments and remedies.

Narcotics definition in general

The term narcotic (/nɑːrˈkɒtɪk/, from ancient Greek νάρκω *narkō*, "make numb") originally referred medically to any psychoactive compound with numbing or paralyzing properties¹.

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In the United States, it has since become associated with opiates and opioids, commonly morphine and heroin, as well as derivatives of many of the compounds found within raw opium latex. The primary three are morphine, codeine, and thebaine while thebaine itself is only very mildly psychoactive, it is a crucial precursor in the vast majority of semi-synthetic opioids, such as oxycodone or hydrocodone. Legally speaking, the term "narcotic" may be imprecisely defined and typically has negative connotations².

The term "narcotic" is believed to have been coined by the Greek physician Galen to refer to agents that numb or deaden, causing paralysis or loss of feeling. It is based on the Greek word νάρκωσις (narcosis), the term used by Hippocrates for the process of numbing or the numbed state. Galen listed mandrake root, altercus (eclata), seeds, and poppy juice (opium) as the chief examples³.

It originally referred to any substance that relieved pain, dulled the senses, or induced sleep. Now, the term is used in many ways. Some people might define narcotics as substances that bind at opioid receptors (cellular membrane proteins activated by substances like heroin or morphine), while others refer to any illicit substance as a narcotic.⁴

Intoxication is a state in which a person has consumed enough alcohol and drug that their mental and physical abilities are noticeably affected. For example, a person has reached the point of alcohol intoxication when the alcohol produces mental or physical impairments, such as slurred speech, difficulty walking, or disorientation⁵.

Narcotics and drug definitions according to Islamic Perspective

In Arabic language, the word "خمر" is commonly used drug and narcotics. According to Hazrat Umar Farooq (R.A.) means "خمر"

عن ابن عمر رضي الله عنهما قال: «خطب عمر على منبر رسول الله صلى الله عليه وسلم فقال: إنه قد نزل تحريم الخمر وهي من خمسة أشياء: العنب، والتمر، والحنطة، والشعير، والعسل والخمر: ما خامر العقل، وثلاث وددت أن رسول الله صلى الله عليه وسلم لم يفارقنا حتى يعهد إلينا عهداً: الجد، والكاللة، وأبواب من أبواب الربا⁶.

Hazrat Umar (RA) delivered a sermon on the pulpit of Allah messenger (ﷺ) saying. "Alcohol drinks were prohibited by Divine order and these drinks used to be prepared from five things i.e grapes, dates, wheat, barley and honey. Alcoholic drinks is that which disturbs the mind. Umar (RA) further added that I wish Allah Apostle had not left us before he had given us definite verdicts concerning three matters i.e how much a grandfather may inherit (of

his grandson) the inheritance of Alkalala (the deceased person among whose heirs there is no father or son and Various types of Ribba.

Another Hadith of Sahih Muslim also narrated that:

كلُّ مُسَكَّرٍ حَرَامٌ . وَكُلُّ خَمْرٍ حَرَامٌ⁷

Narcotics refer to all those substances that adversely affect physical health as well as mental health, intelligence, and consciousness of Humans.

The term 'Narcotics applies to anything that causes any form of addiction nausea and unconsciousness. Whether in solid or in liquid state, small or in large quantities. The definition of narcotics also includes all prohibited drugs that are used for the purpose of addiction. Addiction is the ruin of life, a life devoid of consciousness, and such a life holds no place in Islam. "Narcotics are a small family of drugs obtained from opium (sap of poppy plant).

Narcotics relieve pain, induce and cause dullness to the senses. Narcotics work on the central nerves system, the brain and the spinal cord. These drugs produce Euphoria (sense of well-beings) and day dreaming (escape from reality) for the time. Short every intoxicants are haram and there is no room for intoxicants in Islam. Following are the common types of narcotics. gutka, cigarettes, heroin, charras, cocaine, ecstasy, ice, wine, opium, codine, cannabis and hashish etc.

Types of Narcotics

1. Heroin

It is morphinion opoid substanscs that isynthesized from dry latex that highly addictive analgesic drug derived from morphine. It is illegally drug that made from the seedpod of opium poppy plants that grown in mexico Colombia and southwest Asia. Using heroin cause so many worst effect on human body and serious illness such as liver, kidney and lung disease and mental disorderness.

2. Wine

Wine is made of from fermented fruit, it is an alcoholic drink that cause of so many diseases like cardiovascular disease, cognitive decline, stroke, diabetes, and early deat and various other substances.

3. Opium

It contains analgesic drugs such as Morphine and Heroin, which are highly addictive. It is the most harmful narcotics, which is synthesized from morphine. It is taken in injections and through smoking. Its use leads obtained to respiratory depression and ultimately death.

4. Codeine

Is also obtained from opium which is used in cough syrups. Inside the body codeine change into morphine and has the same effects like other narcotics.

Mufti Ahmed Yar Khan states anything that cause addiction, like alcohol, which is intoxicating, or dry substances like opium, hemp, and charras, is forbidden.⁸

The current era has witnessed a significant increase in the types of addictive substances. There are over five hundred compounds or elements in the world that are used for narcotics. At present, various forms of addiction are prevalent, that is easily accessible from the lower class to the elite class. The most affected group is the youth." In today's world, even chemicals, tire puncture, cold, flue, cough medications, and similar to those everyday items are being used as narcotics. Among these are shoe polish, fluid ink, and spray paint.

5. Cannabis

Cannabis is simply known as marijuana. It is a psychoactive drug from the cannabis plant. Marijuana can cause permanent IQ loss when people start using it at a young age. Marijuana causes so many alarming diseases such as depression, anxiety, suicide planning, and psychotic episodes.

6. Charas

It is the sticky part of the cannabis plant. The cannabis plant mostly grown in India, Pakistan, Afghanistan, Jamaica as well as in Morocco. Charas can have a powerful and mind-numbing effect on the users. Charas is also very harmful for physical health as well as mental health. It hamper sensory Distortions Vomiting, Nausea and stomach cramps, excessive heartbeat and blood pressure that lead to the chances of heart attack.

7. Hashish

Hashish is often called hash produced by collecting and compressing trichomes, the most potent material from cannabis plants. Psychological effects can include anxiety, panic attacks, and hallucinations with that heart rate and blood pressure may occur. People who inhale products often have the same respiratory problems as cigarette smokers. These individuals may have daily cough symptoms of chronic bronchitis, and more frequent chest colds.

8. Ice

Ice (crystal meth) is an illegal drug associated with amphetamine family of drugs. It is highly addictive and is linked to chronic physical and mental health problems and affects central nervous system.

9. Smoking cigarette

Smoking cigarettes causes cancer, heart disease, stroke, lung diseases, diabetes, and chronic obstructive pulmonary disease, which includes emphysema and chronic bronchitis.

10. Gutka

It is a chewable substance prepared by tobacco and other ingredients such as catchau paraffine wax, slaked lime and sweet or savory flavourings, in India, Pakistan, other Asian countries, and North America. It causes oral cancer and other worst health effects and hence is subjected in India to the same restrictions and warnings as cigarettes.⁹

11. Cocaine

It is a powerful addictive substance made from the leaves of the coca plant native to South America. Although healthcare providers can use it for valid medical purposes, such as local anesthesia for some surgeries, recreational cocaine use is illegal. As a street drug, cocaine looks like a fine, white, crystal powder. Street dealers often mix it with things like cornstarch, talcum powder, or flour to increase profits. They may also mix it with other drugs such as the stimulant amphetamine, or synthetic opioids, including fentanyl.

Adding synthetic opioids to cocaine is especially risky when people using cocaine don't realize it contains this dangerous additive. Increasing numbers of overdose deaths among cocaine users might be related to this tampered cocaine. Short-term health effects of cocaine include some people find that cocaine helps them perform simple physical and mental tasks more quickly, although others experience the opposite effect. Large amounts of cocaine can lead to bizarre, unpredictable, and violent behavior, dilated pupils, raised body temperature and blood pressure fast or irregular heartbeat, restlessness.

Laws regarding prohibition of drugs and narcotics prohibition according to the Holy Quran

Islam is a comprehensive religion among the world religions. The brochure of Islam is for all times, era and generations that covers all aspects of life have been explained and clear indications are illustrated. Islam is wholly solely for the welfare of human beings and against all those elements which is harmful for human beings. Among these elements that deadly affect and bring the worst outcome is the unusual involvement of drugs and narcotics. His bitter experiences may result of the destruction of individual and families. The final decision of Islam is that all the things that are against Islam are prohibited. That's why drugs damage and disturb the human body physically and emotionally and even death. Therefore the use of drugs is forbidden according to the Holy Quran.

يَا أَيُّهَا الَّذِينَ آمَنُوا إِنَّمَا الْخَمْرُ وَالْمَيْسِرُ وَالْأَنْصَابُ وَالْأَزْلَامُ رِجْسٌ مِّنْ عَمَلِ الشَّيْطَانِ فَاجْتَنِبُوهُ لَعَلَّكُمْ تُفْلِحُونَ¹⁰

O you who believe! Intoxicants (all kinds of alcoholic drinks), gambling, Al-Ansab, and Al-Azlam (arrows for seeking luck or decision) are an abomination of Shaitan's (Satan) acts. So strictly avoid.

all those (abomination) in order that you may be succeeded. For example, the word rajas was used for drugs and the use of any kind of "رجس" is forbidden in Islam. That's why drugs have been declared as a satanic act and every satanic act is forbidden according to Shariah. The condition of drunker is avoidable in Islam as mentioned in the Holy Qur'an:

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَقْرَبُوا الصَّلَاةَ وَأَنْتُمْ سُكَارَىٰ حَتَّىٰ تَعْلَمُوا مَا تَقُولُونَ¹¹

O you who believe, approach not the prayer when you are in a drunken state until you know of what you utter.

يَسْأَلُونَكَ عَنِ الْخَمْرِ وَالْمَيْسِرِ قُلْ فِيهِمَا إِثْمٌ كَبِيرٌ وَ مَنَافِعُ لِلنَّاسِ وَإِثْمُهُمَا أَكْبَرُ مِنْ نَّفْعِهِمَا¹²

They ask you about wine and gambling. Say, "In them is great sin and [yet, some] benefit for people. But their sin is greater than their benefit."

إِنَّمَا يُرِيدُ الشَّيْطَانُ أَنْ يُوقِعَ بَيْنَكُمُ الْعَدَاوَةَ وَالْبَغْضَاءَ فِي الْخَمْرِ وَالْمَيْسِرِ وَيَصُدَّكُمْ عَنْ ذِكْرِ اللَّهِ وَعَنِ الصَّلَاةِ فَهَلْ أَنْتُمْ مُنْتَهُونَ

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Satan only wants to cause between you animosity and hatred through intoxicants and gambling and to avert you from the remembrance of Allah and from prayer. So will you not desist.

Laws regarding drugs and narcotics prohibition according to Hadiths

Hadith is the backbone of Islamic civilization and authentic source for religious and moral guidance, which ranks second after of the Holy Quran. According to different Hadiths the Prophet Muhammad forbids his Ummah from drugs and narcotics involvements. According to Hadith alcohol has been stated as the mother of all evils, and today science proves this statement's reality. It badly hampered the physical and mental health of individuals and increases the crime ratio in society.

The Prophet Muhammad said:

مَنْ شَرِبَ الْخَمْرَ لَمْ يُقْبَلْ لَهُ صَلَاةٌ أَرْبَعِينَ صَبَاحًا، فَإِنْ تَابَ تَابَ اللَّهُ عَلَيْهِ، فَإِنْ عَادَ لَمْ يَقْبَلِ اللَّهُ لَهُ صَلَاةً أَرْبَعِينَ صَبَاحًا، فَإِنْ تَابَ تَابَ اللَّهُ عَلَيْهِ، فَإِنْ عَادَ لَمْ يَقْبَلِ اللَّهُ لَهُ صَلَاةً أَرْبَعِينَ صَبَاحًا، فَإِنْ تَابَ تَابَ اللَّهُ عَلَيْهِ، فَإِنْ عَادَ الرَّابِعَةَ لَمْ يَقْبَلِ اللَّهُ لَهُ صَلَاةً أَرْبَعِينَ صَبَاحًا، فَإِنْ تَابَ تَابَ اللَّهُ عَلَيْهِ وَسَقَاهُ مِنْ هَرِّ الْحَبَالِ- قِيلَ يَا أَبَا عَبْدِ الرَّحْمَنِ وَمَا هَرُّ الْحَبَالِ؟ قَالَ: هَرُّ مِنْ صَدِيدِ أَهْلِ النَّارِ¹⁴

Whoever drinks wine for the first time and does not repent, Allah will not accept his prayers for forty days, then if he with a pure heart repents, then

Allah accepts his repentance, then if he drinks for the second time, Allah does not accept his prayer for forty days, and then if he repents, then Allah forgives and accepts his repentance, if he drink again for the third time, Allah will not accept his prayer for forty days, and then if he repents, Allah will accept his repentance. Even when he drinks wine for the fourth time, Allah does not accept his prayers for forty days if he repents, and will feed him the pus and blood of the Hellish.

According to another Hadith the Prophet Muhammad mentioned that:

اجتنبوا الخمر؛ فإنها أم الحيات¹⁵

wine is referred to as the 'mother of all evils.

and in Ibn e Majah's Hadith, the Prophet Muhammad termed it as the 'mother of obscenities.' Wine is the root of all evils and associated closely with all sins like gambling, prostitution, lying, quarrelling, stealing and cheating etc. A drunkard can cross any depth to satisfy and fulfil his desires and if needed can even commit murder. With that it leads to moral degradation, misery and loss of mental and physical health and character. There is no better way to describe the moral vices associated with alcohol

لا تشرب الخمر، فإنها مفتاح كل شر¹⁶

Don't drink wine, for it is the key of all evils.

Drinking wine is the major sin of all evil deeds. According to the said Hadith alcohol, tobacco, beedi, cigarettes, flowers, gutkha, ganja, hemp, hashish, cocaine, hakka, opium, heroin, whiskey, champagne, beer are all intoxicants. In Islam, Allah Almighty has deemed alcohol as "the mother of all evils" and declared forbidden (haram). This prohibition was declared just for the welfare of society that's why Prophet Muhammad set boundaries and punishments for those who involved in its usage and trade.

عن عبد الله بن عمر رضي الله عنه قال : قال رسول الله صلى الله عليه و وسلم لعن الله الخمر وشاربيها وساقيها وابتاعها وبتاعها وحاملها والمحمولة آليه¹⁷

Abdullah bin Omar (RA) narrated that Hazrat Muhammad (ﷺ) said: Allah has cursed wine, its drinker, its server, its seller, its buyer, its presser, the one for whom it is packing , the one who convey it ,and the one to whom it is conveyed. Every intoxicant is خمر and every خمر is Haram. Islam declared anything that lead to intoxication is prohibited and forbidden.

Narrated by Ummul Momineen Hazrat Aisha (RA):

"The Prophet Muhammad (ﷺ) was asked about a wine made from honey. He said: 'Every intoxicant is prohibited'¹⁸."

In the context of intoxicants, the Prophet Muhammad recounted an incident where a beautiful woman had kept wine and a child with her. A person was forced to commit one of three evils: either to commit a bad act with the woman, harm the child, or drink the wine. He chose to drink the wine, thinking it was the least of the evils. But, in the end, that choice led him to commit all three sins¹⁹.

Narrated by Ibn Abbas (RA):

“The Prophet Muhammad (ﷺ) said, 'Every intoxicant is خمر and every خمر is haram. Whoever drinks wine in this world and does not repent from it during his lifetime will not drink it in the Hereafter²⁰.'”

Narrated by Jabir ibn Abdullah (RA) said, 'All the intoxicates if in large quantity or small it is haram.²¹

Why do people use intoxicant

1. Psychological Issues

Approximately 75% of people turn to intoxicants for temporary relief from mental stress, depression and other psychological disorders. Such as someone use drink to escape from life bitterness.

2. Societal Issues

Alcohol and intoxicating substances are social evils that harm health, ruin families, devastate personal and national budgets, and weaken economic fabrics and productivity. Among the youth, addiction is nowadays a fashion and adventure, which later becomes difficult to left. The initial step towards addiction is smoking, gutka and using tobacco this a gateway to addiction.

3. Distressing Situations

Unemployment, failure in love, divorce, death and demise of a loved one, continuous illness and loss of job etc are the multiple reasons that lead to distressed situation. So that's why individuals turn to addict and use intoxicants to relief from pain, escape from life's troubles, hardships and suffering. Use drug to numb pain, a sense of insecurity and inferiority complex. However, it is more harmful than beneficent.

Availability of Drugs and Narcotics

In this context, dance parties become a significant means. Luxurious residential buildings of advanced and modern countries of the world are the hub of drug and narcotics. Celebrities, models, and dancers are invited in dance and music parties. To engage in drug abuse throughout night can lead to blood clotting, increased blood pressure, and even heart attacks. Recently the rapid increase of drugs abuse and intoxication is alarming for human. Several significant factors may be contributing to this growing trend. Additionally factors like a thriving business, easy access and availability of drugs, social factors, psychological factors, unemployment and other related factors have led to the current horrible situation. The current situation of drugs is quite alarming and its continuous and rapid growth is indeed a demise for the future of young generation.

Drug is the fashion of youth

Youth is the standard bearer of any nation if their energy is channelized then the day is not far off to subdue any nation. But unluckily the most affected group drug and narcotics is youth who are often considered the backbone of any nation. Drugs trap schools colleges and universities students as well. Drug is become a fashion and adventure for elite, rich, young and even educated families. Educational institutions have become breeding farms for drug abuse among both boys and girls. The drug trade carried by well organized groups that supply drugs to educational institutions. Eventually drug and narcotics erodes the future and faith of youth like rust.

The adverse effects of Narcotics and Drug Abuse on Youth

The narcotics substances abuse worstly affect the brain development and growth of youth. It can also lead to risky and negative behaviors, like driving under the influence, and contribute to a series of serious health problems, both mental and physical. Different drugs will have different effects on users. Some drugs, for example, are opioids, that badly hamperes the respiratory system of human beings. Cocaine can cause heart attacks and strokes. Marijuana, on the other hand, poses risk for learning and memory deficits. These are just some examples of the risks and longer-term effects of drugs. Following are the common and horrible effects of narcotics and drug abuse on human and especially on youngsters.

Physical Effects of using drug and narcotics

Following are the most common health consequences of drugs abuse:

- **Physical Effects of Stimulants:**
- Paranoia
- Dangerously high body temperatures
- Irregular heartbeat/heart palpitations
- Heart attack or failure
- Stroke
- Seizures
- Sleep disorders
- **Physical Effects of Opioids:**
- Drowsiness
- Nausea
- Slowed breathing
- Respiratory depression
- Hypoxia
- **Physical Effects of Depressants:**
- Slurred speech
- Shallow breathing

- Fatigue
- Disorientation
- Lack of coordination
- Seizures upon withdrawal
- **Physical Effects of Marijuana Use:**
- Impairment in memory, learning, concentration, and problem-solving
- Hallucinations
- Paranoia
- Psychosis later in life (associated with early use)
- **Mental Effects of Drug Use on Youth**
- **Poor Judgment:**

A short-term effect of drug use, teens under the influence will display poor judgment. This is due to the effects that drugs have in the brain. Poor judgement may carry through to personal choices and social interactions.
- **Decline in academic performance:**

Substance use in youth often leads to poor academic performance. Those who use drugs often skip school, struggle with concentration, or are not able to retain information as quickly or easily. Additionally, studies show that teens who use drugs experience reduced motivation, which can play a role in their overall performance a school.
- **Mental Health Disorders:**

Drug and narcotics hamperes mental disorderness such as depression. In addition to the physical and mental effects of teen drug use, there are many negative consequences that drugs can bring to a young person's life. When drugs are used, it changes the way the brain thinks, rationalizes, controls impulses, and makes decisions. It interferes with a person's ability to make good choices. Therefore, teens become more likely to make rash decisions, without thinking about the long-term costs. Teens who use drugs are more likely to experience the following negative effects.
- **Legal and social effects of intoxicants**

Legally all intoxicants are connected to crime such as murders, robbery and theft etc. Socially it damaged relationships with friends and family due to the of drug and narcotics. Withdrawal from family, friends, sexually transmitted diseases, due to unprotected sex, increased risk of violent behaviors and fights are the main adverse effects of using intoxicants.
- **Effects of Drugs and narcotics on the professional Life of an individual**

It promote negative attitude towards work, school, wasted academic opportunities, dropping out of school and other discipline problems and financial loss. Most significantly, substance use particularly at a young age can

lead to fatal consequences. Increased risk of death through suicide, homicide, accident, and illness.

• **Globally drug and narcotics control policies and measures:**

The world drug problem is so complex and badly affects millions of people throughout the world. Most people who use drug can further harm their physical and mental health. That's why the international day for drug abuse is observed on 26 June every year to strengthen ties, cooperation and harmony to achieve the target of world free of drug abuse. The purpose of this campaign is to aware and awaken the people regarding the horrible effects of drug abuse. And to providing voluntary services for all. Due to this campaign the three treaties held internationally for the prevention drug abuse:

- The 1961 UN Single Convention on Narcotic Drugs
- The 1971 UN Convention on Psychotropic Substances
- The 1988 UN Convention against Illicit Traffic in Narcotic Drugs and Psychotropic Substance.

The UN drug control agencies must require to strictly ban the supply of drugs for non-medical or scientific purposes. This is the primary solution for drug reform at the national level and international level. "Data from the Global Burden of diseases 2017 reveals that illegal narcotics claimed the lives of approximately 750,000 people globally that year. The survey indicates that the prevalence of opium use in the country is three times higher than the global average. The narcotics trade has become a critical issue for many countries, including ours.

Every year, the escalating narcotics business reveals the audacity of smugglers, who seem unaffected by regulations or laws." According to the 2021 World Drug Report issued by the United Nations Office on Drugs and Crime (UNODC), approximately 275 million individuals worldwide used narcotics during the previous year. According to some estimates, the global illicit drug trade exceeds \$650 billion. Moreover, more than 36 million people suffered from drug abuse. The highest usage of narcotics is observed in the United States. According to a survey conducted by the All India Institute of Medical Sciences (AIIMS), nearly 850,000 people in the country inject drugs, around 460,000 children and 1.8 million adults consume inhalants.

The National Drug Dependence Treatment Centre and AIIMS claimed that the country become significant hub for narcotics. In such circumstances, governments need to take strict measures against the dark business of narcotics and raise public awareness among the people. Only through awareness and educating we are able to overcome the dark business of narcotics and drugs.

Rise of Drug Use in Pakistan and other countries of the world

The trend of drug use increased in Pakistan and other countries of the world, particularly after the Soviet-Afghan War. Drugs have worst and horrible impacts on youth, and society as a whole. In Muslim countries, as well as the others the most common factors for drug use are family issues, mental illness, peer pressure and toxic relationship. Drug addiction is an alarmingly increasing issues in the world with both local and imported drugs contributing to this problem. A range of social, cultural and economic factors are responsible for the prevalence of drug addiction in the world. Apart from cigarette smoking and hashish use, a new substance has gained popularity among the youth over the past decade. Particularly among boys and even girls, the use of crystal meth (known as "ice") has become a trend. Even smaller cities are become the hub of crystal meth and other harmful drugs. In addition to crystal meth, the use of "ice" has also become prevalent among a considerable part of the youth. It is especially prevalent in major cities and educational institutions. This drug is a white crystalline substance that is heated and inhaled through a glass pipe.

It can also be injected into the body. The regular use of "ice" often leads to severe mental illnesses, and individuals become highly suspicious of those around them. The addiction to "ice" not only damages mental health but also has adverse effects on physical and social well-being. It hampered individuals mentally, physically, and socially. Creating awareness among the youth is crucial and cry of the day. In recent years, women in our society have also been seen into the trap of drug addiction. Initially using of tobacco was common among women, but due to the passage of time, the use of other addictive substances and injectable drugs are increased. It because of due to the easy availability and accessibility of drugs.

Treatments and prevention measures for Drug abuse and narcotics

The history of narcotics is as old as human civilization itself. It have been a problem for human communities for a long time. The problem has become even worse since its use has become broad and people can provide it manually and by industrial equipment. Regarding the depth of its teachings, Islam has focused its main attention on human being in this and the other worlds. Islam has acknowledged and valued wisdom more than any other religion and never admitted inflicting harm on human beings. Therefore, Islam has seriously prohibited this act and it has been certainly known as a forbidden act by the Islam. Unjust enrichment, avoiding from uncleanness and wickedness, abstaining from any evil acts and narcotic drugs use as a leader of all evil deeds,

and destroying oneself. Furthermore, the foundation of the prohibition of narcotic drugs can help authorities with their mission in campaigning against it. The authorities will be able to prioritize fighting against drugs, and finally eradicate them with peace of mind and easefully with accessing to legitimate authorization and religious orders based on the prohibition of the narcotic drugs in Islam.

Islam has focused its main attention on a human's wellbeing both in this and the life here after. Islam has acknowledged and valued wisdom more than any other school of thought and has never admitted inflicting harm on such a precious gold, including the harmful effects of the narcotic drugs that influence on the wisdom and Psych of humans, therefore Islam has seriously antagonized and Prohibited this act and it has been certainly known as a forbidden act by the Islam. As prevalent phenomena, narcotic drugs have made many difficulties for humankind and especially Muslim Religious leaders have paid attention to them for the first appearances of Islam and have presented many appropriate and efficient solutions. Islamic scholars and jurist consults have used religious sources such as Quran, tradition, wisdom, and consensus that have formed the foundations of prohibition of narcotic drugs. According to these foundations, narcotic drugs are prohibited and forbidden in Islam due to harms and corruptions that they make for wisdom, body, family, society, state and government. The law stipulates religious punishments and worldly and legal sentences. Jurist consults of the Islamic world who have been the main keepers of intellectual and ideological borders and they have a consensus about it and believe that narcotic drugs are certainly prohibited and no Muslim is allowed and permitted to use them. If anyone of Muslim uses it, he or she commits a great sin and should be punished.

فَكَأَنَّمَا قَتَلَ النَّاسَ جَمِيعًا وَمَنْ أَحْيَاهَا فَكَأَنَّمَا أَحْيَا النَّاسَ جَمِيعًا²²

Anyone who kill a man killed the entire humanity and whoever *saves one*, it is as *if he had saved the entire humanity*.

Islam is the religion of universalism peace and mercy for all creatures, so there is no room for violence and extremism. Islam emphasis and promotes peace, harmony, purity, modesty, honesty, patience truthfulness and respect. With that Islam commands to stay away from vices like impurity, dishonesty, evil deeds, lying, backbiting, corruption, murders, feudalism and injustice etc. Therefore, to protect society from the spread of evil, one should prevent the proliferation and propagation of all intoxicants like wine, heroin, opium, nicotine, ice etc. Intoxicants hampered a person physically, mentally as well as

morally and spiritually. That's why the Prophet Muhammad consistently clarified their forbidden and sinful nature.

The Eastern and Western scientists have proved that drinking intoxicants lead harmful effects on the brain, stomach, liver, heart, kidney, respiratory and circulation tracts eventually doomed to death. Although laws prohibiting the use of narcotics are present in every country of the world. Despite the major global religions categorically forbidding narcotic use, the rapid spread of this curse indicates that its roots have deepest. Many households are collapse due to addiction, and several families are drowned in poverty and debt. Religious groups, organizations, institutions, scholars, and world leaders need cut throat efforts eradicate this menace with sincerity, with strong determination, and impartiality.

عَنْ أَبِي سَعِيدٍ الْخُدْرِيِّ رَضِيَ اللَّهُ عَنْهُ قَالَ سَمِعْتُ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ: "مَنْ رَأَى مِنْكُمْ مُنْكَرًا فَلْيُغَيِّرْهُ بِيَدِهِ، فَإِنْ لَمْ يَسْتَطِعْ فَبِلِسَانِهِ، فَإِنْ لَمْ يَسْتَطِعْ فَبِقَلْبِهِ، وَذَلِكَ أَضْعَفُ الْإِيمَانِ"²³

“Narrated by Abu Sa’id Al-Khudri (RA) that the Messenger of Allah (ﷺ) say, Whosoever of you sees an evil, let him change it with his hand; and if he is not able to do so, then [let him change it] with his tongue; and if he is not able to do so, then with his heart and that is the weakest of faith.”

Efforts are made by authorities, to take action against drug trafficking groups to ban and arrest the traders of drug and narcotics. This want a comprehensive planning to uproot drug trafficking networks. However, the rehabilitation of drug addicted individuals is a challenging for the authorities, NGOs and different local and international organizations. Workshops and seminars should be organized in schools, colleges, universities and different social platforms to raise awareness and educate the individuals about the dark side of drugs and narcotics.

To curb drug addiction individual must avoid such friends who addicted. Overcoming addiction is a difficult process but with the combined efforts of religious leaders, scholars, educational institutions and NGOs to fight against drug addiction to root out. For the treatment of drug addicted person proper psychological observation, well structure counseling systems and statistics of mental health facilities are required for such patients. Free care and special arrangements in governmental hospitals are necessary to save lives of this viral disease. Parents and educators also have the responsibility to monitor children's behavior and activities. Keep an eye on those who spend time outside the house and what they are engaged in and encourage the habit of sleeping after Isha prayers. Societies, welfare organizations, religious institutions, social

platforms, medical professionals and experts and everyone associated with this sector have responsibility to strive to eliminate the curse of addiction.

Seminars, newspapers, and other print and electronic media have the responsibility to awareness the individuals about the adverse effects of drugs and their consequences. To combat drug addiction, imams and religious scholars should regularly address the issue of drugs raise awareness and educate people according to Islamic prospective. The ultimate goal is to save ourselves and every individual of the society from this menace.

Imams should take the responsibility to educate the mass about the dark side of drugs and their evils through their sermons. If you or your loved one is using drugs or considering using drugs, know that the effects can be serious and critical. It is up to you to educate yourself, seek help, and make a difference. If you are concerned about your loved one's drug use, and specifically its development into a mental health or addictive disorder, please do not hesitate to seek help. Early intervention can be vital to your loved one's health and well-being. It is never too early to seek treatment, but it can be too late. Parents can play a critical role in helping their children onto a healthier path. If you are a parent, the best way to help your teen in this moment is to create an open dialogue at home. Talk to your teen about the dangers of drug use and the risks of drugs on their health. Ask your teen questions, such as have they ever tried drugs, or do their friends use drugs? These open, honest, and non-judgmental questions can establish a sense of trust between parents and their children.

Findings

- 1:** The above article clearly mentioned that all types of narcotics which is describe in the said article are badly hampered and have had long term side effects for human lives.
- 2:** There is briefly describes the definition and some types of narcotics types substances, symptoms and their worst side effects on youth in the said article.
- 3:** Drug and narcotics also so-called substances that affects a person's brain and behavior and leads to an instability in humane lives and nature. Substances such as alcohol, marijuana and nicotine also are considered narcotics and drugs. When you're addicted, you may continue using the drug despite the harm it causes.
- 4:** The said article further emphasizes the importance of galvanizing the international community, governments, civil society and all stakeholders to take urgent action to protect people, including by strengthening drug use prevention and treatment and by tackling illicit drug supply.

5: If positive efforts are made by authorities, to take action against drug trafficking groups to ban and arrest the traders of drug and narcotics. This want a comprehensive planning to uproot drug trafficking networks then this menace will be rooted out. If Imams should take the responsibility to educate the mass about the dark side of drugs and their evils through their sermons. If you or your loved one is using drugs or considering using drugs, know that the effects are so serious and critical.

6: The main purpose of this article is to aware the youth about this deadly virul disease which is spread because of drug and narcotics day by day and their possible control measurements.

Conclusion

Drug and narcotics is a major mental, physical and social problem all over world. The number of teenagers and young people getting addicted to drugs is increasing day by day. Various types of drugs like cocaine, marijuana, heroin etc. are consumed by the addicts worldwide. The drug addicts become so dependent on drug that they cannot stop its use. They are addicted to drugs, they are also forced to commit crimes in return of drugs. Lack of confidence, excessive stress, peer pressure etc. are some of the causes of drug addiction. It is seen the youngsters who find difficult to deal with personal or family problems tend towards the habit of drug consumption. Many a time's youngsters get addicted to drugs when they see others consuming it. It is necessary that everyone in the society to stays away from drug and narcotics because drug addiction results in various health issues amongst they addicts. It has a negative effect on physical as well as mental health.

Physical effects of drug addiction include irregular heartbeat, respiratory problems, lung cancer, kidney damage etc. It can weaken the immune system too, mood swings, depression, anxiety, confusion are some of the emotional effects of drug and narcotics substances. It is always better to stay away from drugs. Youth should move towards healthy options to drugs due to peer. There are various treatment available for deadly disease. Drug addiction is a kind of diseases which results from stress and pressure. It is necessary that youth should be made aware of the consequences of this addiction. We all must say not to take drugs and take steps to make our society free from drug addiction.

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